

Session 1		
September - October 2018		
Instructor Vernon Lundy	Instructors Bridget Huston & Cher Van Dusen	Instructor Vernon Lundy
Mondays	Fridays Adult Classes	Saturdays
Sept 27th THURSDAY (prev. 24 Sept) Oct 1, 15, 22	21-Sep-28 Oct 5, 12, 19	Sep, 29 Oct 13, 20, 27
Class 1 - Child 6.00 - 7.00pm	Class 1 10.00 - 11.00am FULL	Class 1 10.00 - 11.00am
Class 2 child/adult 7.30 - 8.30pm	Class 2 11.30 - 12.30pm	Class 2 11.30 - 12.30pm FULL
	Lunch 12.30 - 1.00pm	Lunch 12.30 - 1.00pm
	Class 3 1.00 - 2.00pm	Class 3 1.30 - 2.30pm
	make up class January 2019	make up classes - January 5 & 12th, 2019
Instructor Vernon Lundy	Instructors Bridget Huston & Cher Van Dusen	Instructor Vernon Lundy
Session 2		
November - December 2018		
Nov 5, 19, 26 Dec 3, 10, 17	Nov 2, 16, 23, 30 Dec 7, 14,	Nov 3, 17, 24 Dec 1, 8, 15
Class 1 - Child 6-7pm FULL	Class 1 10.00 - 11.00am FULL	Class 1 10.00 - 11.00am
Class 2 child/adult 7.30 - 8.30pm	Class 2 11.30 - 12.30pm	Class 2 11.30 - 12.30pm FULL
	Lunch 12.30 - 1.00pm	Lunch 12.30 - 1.00pm
	Class 3 1.00 - 2.00pm	Class 3 1.30 - 2.30pm
	Class 4 2.30-3.30pm	Class 4 2.30-3.30pm
Instructor Vernon Lundy	Instructors Bridget Huston & Cher Van Dusen	Instructor Vernon Lundy
Session 3		
March - April 2019		
Mar 4, 11, 18 Apr 1, 8, 15	Mar 1, 8, 15, 29 Apr 5, 12,	Mar 2, 9, 16, 30 Apr 6, 13,
Class 1 - Child 6.00 - 7.00pm	Class 1 10.00 - 11.00am FULL	Class 1 10.00 - 11.00am
Class 2 child/adult 7.30 - 8.30pm	Class 2 11.30 - 12.30pm	Class 2 11.30 - 12.30pm FULL
	Lunch 12.30 - 1.00pm	Lunch 12.30 - 1.00pm
	Class 3 1.00 - 2.00pm	Class 3 1.30 - 2.30pm
	Class 4 2.30-3.30pm	Class 4 2.30-3.30pm
Instructor Vernon Lundy	Instructors Bridget Huston & Cher Van Dusen	Instructor Vernon Lundy
Session 4		
Apr, May - Jun 2019		
Apr 29, May 6, 13, 27 Jun 3, 10,	Apr 26, May 3, 10, 24, 31 Jun 7,	Apr 27, May 4, 11, 25 Jun 1, 8,
Class 1 - Child 6.00 - 7.00pm	Class 1 10.00 - 11.00am FULL	Class 1 10.00 - 11.00am
Class 2 child/adult 7.30 - 8.30pm	Class 2 11.30 - 12.30pm	Class 2 11.30 - 12.30pm FULL
	Lunch 12.30 - 1.00pm	Lunch 12.30 - 1.00pm
	Class 3 1.00 - 2.00pm	Class 3 1.30 - 2.30pm
	Class 4 2.30-3.30pm	Class 4 2.30-3.30pm